

BHARTI SEWA SADAN TRUST

-: TITLE OF THE PROJECT:- OLD AGE HOME



VILL.- Shivpuri, Ward No.-09, **P.O. & BLOCK.-** Araria

Dist: - Araria, **Pin:** - 854311, Bihar, India.

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INFORMATION REGARDING THE ORGANISATION

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1. Name of the organization : BHARTI SEWA SADAN TRUST
2. Address of the Organization : Vill.- Shivpuri, Ward No.-09, P.O. & Block. - Araria,
Dist. - Araria, Pin: - 854311, Bihar, India.
3. Legal Status : I) Deed of Trust
II) Registration U/S 12A of Income Tax Act, 1961
III) Registration U/S 80G of the I.T. Act, 1961
4. F.C.R.A. Registration Number from
Ministry of Home Affairs, Govt. of India : 031050011
5. NGO Darpan Registration No : BR/2017/0161719
6. PAN NO. : AACTB3060F
7. Name of Chief Functionary : DR. RAM NARAYAN BHARTI
8. Phone NO. : 7783833655 / 8825340183
9. Email Id : bhartisewasadantrust@gmail.com /
dr.rnk.bharti@gmail.com



Attested

Shalini Bansal
Shalini Bansal
Assistant Director

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Trust

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भारत सरकार GOVERNMENT OF INDIA
अपोस्टिल / APOSTILLE
(Convention de La Haye du 5 octobre 1961)

Country **REPUBLIC OF INDIA**

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by **SO (OI/Attestation) MINISTRY OF EXTERNAL AFFAIRS**
No. **DLND0000174023**

Seal / Stamp is issued to **BHARTI SEWA SADAN TRUST**

Signature

01 1595144

(जगदीप कुमार मलहोत्रा)
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विदेश मंत्रालय, नई दिल्ली
Ministry of External Affairs, New Delhi

MINISTRY OF EXTERNAL AFFAIRS
GOVT. OF INDIA, NEW DELHI
मु0568

Attested

Shaili Bansal
Assistant Director



Information regarding the project.



INFORMATION REGARDING THE PROJECT

1. Introduction:-

BHARTI SEWA SADAN TRUST is a Govt. registered organization situated in Araria, Bihar founded in 2014 with the passion to help and serve the deprived and disadvantaged people of urban slums and in rural areas of Araria (Bihar District). Our organization has been working for the overall social-economic-educational development among the rural areas of Bihar. **BHARTI SEWA SADAN TRUST** Society is now effective in Araria (Bihar) District. The key target groups are Dalits (the so-called untouchables or lowest caste group), children, child laborers, disadvantaged youth, rural women and unorganized rural laborers. The main motto of our organization is removing illness and illiteracy through mobile health services & improving the knowledge and creating awareness among the local people. Besides providing quick treatment to the slums, we try to empower poor and distress women of the rural areas and also work on other awareness programs. We try to involve the residents and the local administration in our programs for better results. Araria district is one of the thirty-eight districts of Bihar state, India, and Araria town is the administrative headquarters of this district. Araria district is a part of the Purnea division. The district occupies an area of 2830 sq km. It has a view of Mount Kanchenjunga (One of the great peaks of the Himalayan range) this district has a total of 2 subdivisions namely Araria and Forbesganj and 9 blocks. Araria sub-division comprises six blocks: Araria, Jokihat, Kursakanta, Raniganj, Sikti and Palasi, and Forbesganj sub-division comprises three blocks: Forbesganj, Narpatganj, and Bhargama. There are six Vidhan Sabha constituencies in this district: Narpatganj, Ranging (SC), Forbesganj, Araria, Jokihat, and Sikti. All of these are part of Araria Lok Sabha constituency. **We are registered under the Trust (Non-Government) INDIAN TRUST ACT, OF 1882 bearing the Registration No. — 15, dated 14/03/2014. Our Unique Id of Vo/NGO is BR/2017/0161719. Our FCRA Registration No. — 031050011.** From the Bharti Sewa Sadan Trust, we pay our sincere thanks to all the supporters, co-workers, volunteers, members and well-wishers for their immense support and help. Be with us to continue our workflow as we are here to change the society where people can live happily and truly understand the value of trees.

2. Mission of the organization:-

To reduce poverty among rural masses in which women will play a proactive role and to ensure basic infrastructural facilities and to equip them with knowledge, information and skills to cope up their problems by themselves.

3. Vision of the organization:-

To have a just, healthy and self-reliant Trust where, equal opportunities are made available to the disadvantaged mainly the women.

4. Goal:-

- Holistic Development of the Trust.



5. Strategy:-

- Formation and Nurturing of Self-Help Groups.
- Exploring Sustainable Livelihood Portfolio.
- Participatory Development.
- Micro Planning.
- Taking up challenges of RCH/HIV/AIDS.
- Strengthening Local Self Governance.
- Capacity Building through organizing Seminars, Workshops, Training both Vocational and Non- Vocational and Camps.
- Research and Documentation.

6. Trust Area:-

- ❖ Although the organization has not made any limitation in taking up any developmental activities, however it put more efforts on following issues;
- ❖ Women and Child Development.
- ❖ Livelihood Promotion.
- ❖ Capacity Building.
- ❖ Research and Documentation.
- ❖ Health and Hygiene.
- ❖ Reproductive child Health.
- ❖ Local Self Governance.
- ❖ Natural Resource Management.
- ❖ Awareness Generation.

7. Area of Operation:-

- The organization is carrying out its activities in different districts of Bihar and Whole India.

8. Problem Analysis:-

Ageing in India is exponentially increasing due to the impressive gains that society has made in terms of increased life expectancy. With the rise in elderly population, the demand for holistic care tends to grow. By 2025, the geriatric population is expected to be 840 million in the developing countries. It is projected that the proportion of Indians aged 60 and older will rise from 7.5% in 2010 to 11.1% in 2025. In 2010, India had more than 91.6 million elderlies and the number of elderly in India is projected to reach 158.7million. An aging population puts an increased burden on the resources of a country and has raised concerns at many levels for the government in India. The aging population is both medical and sociological problem. The elderly population suffers high rates of morbidity and mortality due to infectious diseases. The demographic transition in India shows unevenness and complexities within different states. This has been attributed to the different levels of socio-economic development, cultural norms, and political contexts.



Hence it will be a herculean task for policy makers to address the geriatric care that will take into account all these determinants. Care for the elderly is fast emerging as a critical element of both the public and private concern. According to US Department of Health, long-term/institutional care is a range of services and support individuals may need to meet their own care needs. Because of this, they are cared for in long term care institutions, like nursing homes, community care and assisted living, residential care, and long-stay hospitals. It is expected that the population of elderly that will need this type of care will increase as the entire population of older people increases over the years. Looking at the rapidly increasing population and the dynamic nature of the lifestyle of their care givers it is seen that there could be a huge gap in between the requirements and the availability. Among these old age homes very few would be offering a subsidized or free service to the elderly population. Hence there is need for a rapid increase in the number of old age home.

9. Title of the project:-

Old Age Home




10. Geographical Profile:-

Araria district occupies an area of 2,830 square kilometres (1,090 sq mi), comparatively equivalent to Russia's Zemlya Georga. The famous village of Araria is Dehti. East-West Corridor passes through the district. Train facility is in the form of broad gauge track and the district have two railway stations. This track ends one side to the Katihar Junction, which is a big and important junction from where trains to all over India are available, other end of track is Jogbani the last point of Indian rail.

11. Demographic Profile:-

According to the 2011 census Araria district has a population of 2,811,569, roughly equal to the nation of Jamaica or the US state of Utah.^[21] This gives it a ranking of 139th in India (out of a total of 640). The district has a population density of 992 inhabitants per square kilometre (2,570/sq mi). Its population growth rate over the decade 2001-2011 was 30%. Araria has a sex ratio of 921 females for every 1000 males, and a literacy rate of 55.1%. 6.00% of the population lives in urban areas. Scheduled Castes and Scheduled Tribes make up 13.61% and 1.38% of the population respectively.

Religions in Araria district (2011)

Religion		Percent
Hinduism		56.68%
Islam		42.95%
Other or not stated		0.37%



Languages in Araria district (2011)

Urdu	(28.71%)
Hindi	(25.05%)
Maithili (including Thethi)	(20.57%)
'Other' Hindi	(16.43%)
Bengali	(2.17%)
Kulhaiya	(2.10%)
Surjapuri	(1.91%)
Santali	(1.05%)
Others	(2.01%)

12. Objectives:-

To create a positive change in the lives of the economically underprivileged and underserved people of Araria, Bihar. We want to execute programs with high efficiency and minimized costs through partnerships with other renowned NGOs through dimensional support for the entire family and not just for the woman. We are researching and developing innovative solutions to the problems of urban people. We take care of the matter that programs must meet our benchmark of Quality & Beneficiary satisfaction. This goal will be measured according to the participation and reported benefits of practitioners' involvement in mutual learning, exchange, training, and capacity building activities.

13. Immediate Objectives:-

- To construct an old age home for providing residential care to elderly people.

14. Activities Of The Organisation:-

❖ BHARTI SEWA SADAN NURSHING HOME PROGRAMME.-

The Organization conducted the programme in Araria District of Bihar State. A nursing home is a facility for the residential care of elderly or disabled people. Nursing homes may also be referred to as skilled nursing facility (SNF), long-term care facilities, old people's homes, care homes, rest homes, convalescent homes or convalescent care. Often, these terms have slightly different meanings to indicate whether the institutions are public or private, and whether they provide mostly assisted living, or nursing care and emergency medical care. Nursing homes are used by people who do not need to be in a hospital, but cannot be cared for at home. The nursing home facility nurses have the responsibilities of caring for the patients' medical needs and also the responsibility of being in charge of other employees, depending on their ranks. Most nursing homes have nursing aides and skilled nurses on hand 24 hours a day.



❖ **AWARENESS PROGRAMME OF COVID-19.-**

The organisation conducted the programme in BHAGALPUR District of Bihar State. Our goal is to ensure that a billion more people have universal health coverage, to protect a billion more people from health emergencies, and provide a further billion people with better health and well-being. For universal health coverage we.

- Focus on primary health care to improve access to quality essential services.
- Work towards sustainable financing and financial protection improve access to essential medicines and health products.
- Train the health workforce and advise on labour policies.
- Support people's participation in national health policies improve monitoring, data and information.

❖ **MADHNISED AWARENESS PROGRAMME.-**

The organisation conducted the programme in Araria District of Bihar State. Our organisation also participate in madhnished Abhiyan. The consumption of some new drugs is also increasing, especially among young people; criminal organisations have no scruples in taking advantage of globalization and technological advances in illicit trading of such substances. Drugs continue to harm and destroy many human lives. Valuable human and financial resources continue to be diverted away from productive activities. So, our Organisation adopting Drug Control Programme to strengthen drug prevention, treatment and rehabilitation programmes. OUR Organisation organised drug addiction camp to planned and working to generate public awareness of the harmful effects of drugs and undertakes research to monitor the drug problem. Our Organisation sponsors activities to generate public awareness of the harmful effects of drugs and undertakes research to monitor the drug problem and launched new initiatives to ensure that the necessary information, technology and funds be available on a long-term basis to combat these problems.

• **ROAD SAFETY AWARENESS PROGRAMME.-**

The ORGANISATION conducted the programme in BHAGALPUR District of Bihar State. The road safety programme started for the safety driving and follow the traffic rules on the road. Road safety programme is beneficial for the public for safe driving. Day by day increasing accidental cases on the road it is big problems of the Govt., Society & People at a glance we can give answers in simple word reason is increasing due to rush of the traffic on the road. But according to society it is not facts of the cases of accidents. Many people don't know the rules of traffic. Some people are only maintaining rules of traffic some are who they know rules of traffic but not maintain on the road. We have organized seminar and awareness camps on the above topic for the aware and teach the traffic rules.



- **NATIONAL CELEBRATION DAY PROGRAMME.-**

The organisation conducted the programme in Araria District of Bihar State. Our society time to time celebrate national festival & other importance day and also organized of seminar and conferences on various economic and social issues. According to the society celebration of important day is encourage performing their extraordinary works & increasing energy of their body and refresh them. The society regularly conveys its greetings to the people on important occasions like Republic Day, Independence Day Foundation Day, Environment Day, Women Day and Diabetes Day etc...

- **WORKSHOP/SEMIN.-**

The organisation conducted the programme in BHAGALPUR District of Bihar State. A major problem faced by educated Youth in rural areas, is the lack of locally available employment opportunities. It results in frustration and consequent migration. If rural youth get adequate opportunities for taking up gainful ventures at the local level, they would not only be able to improve their well-being but also contribute to the economy. OUR organisation employs a path breaking approach of training youth for self-employment ventures. The training also includes guidance regarding project identification, market surveys and familiarizing with schemes of banks and other support organisations. Management and Marketing inputs are also provided.

- **SKILL DEVELOPMENT PROGRAMME.-**

The organisation conducted the programme in BHAGALPUR District of BIHAR State. A major problem faced by educated Youth in rural areas, is the lack of locally available employment opportunities. It results in frustration and consequent migration. If rural youth get adequate opportunities for taking up gainful ventured at the local level, they would not only be able to improve their well-being but also contribute to the economy. Self- employment is a possible solution to this problem. A small step in a remote village in the country, proved to be a significant milestone in this direction. Our society aims to transform rural youth to acquire a productive identity through short duration interventions, which include motivation and training.

- ❖ **CULTURAL PROGRAMME.-**

The organisation conducted the programme in BHAGALPUR District of Bihar State. To preserve our rich cultural heritage and traditions we organized dance, folk-song, drama etc. in which young and children participated in good number. Participants were also awarded for their presentation. In this programme our through the society attained renowned theatre actors & actress and show their programmes like Ramila Harishchandra Natak and other classical & folk programmes.



- **WOMEN & CHILD WELFARE PROGRAMME.-**

The major thrust of the programme of the department of women and child development is to ensure the all-round development of children and empowerment of women. The department aims at economics development and integration of women into the mainstream of economy, equity and social justices. Childcare and early childhood development (ECD) programmes are generally assumed to be beneficial. ECD is an umbrella term for a variety of interventions with young children and their careers/families, including health and nutrition, childcare, education and parent support. WOMEN & CHILD WELFARE PRORAMME. In this programme our society organize meeting and seminars to intervене and give knowledge about women and children rights given by law. In this intervention & training programme about 50 youths benefited and trained organized by our society. Under this second stage meeting and seminars trained youths were teach uneducated women about law & rights. SOCIETY under this programme also teaches law & rights of child, specially focused on the topic of child labour. It was observed that in polio-vaccination day, Hepatitis-B etc. There was mass gathering on the day. As the people of rural area, have poor knowledge of legal rights and solution, the people should be attracted and according Legal-cum-Health Mela is being proposed to organize.

- ❖ **Plantation Programme.-**

Afforestation is the planting or adding of trees in an area where there was never a forest or plantation. The most common and known purpose of tree plantation is forestry. The forest is very important for maintaining the ecological balance of the environment of the earth. Also, earlier the forest use to cover a major part of the surface of the earth. But, now due to the rapid cut down of forest due to industries, and land for settlement the number of forests has reduced. 99% 1% Cultural Programme Receipt as Per Audit Expenses on Cultural Programme an 11 Plantation of 500 different types of plants was done by the organization in which many people participated enthusiastically, explain to the people the importance and benefits of tree plantation by the organization. Apart from that, the forest grows naturally but in order to increase the speed of reforestation, our contribution is a must for it. Also, it will help the forest to recover from the loss due to deforestation. Furthermore, with our help, the pace of tree plantation can be increased. This is a method to create a new forest. Reforestation is the replanting of trees in an area where there was once a forest which was destroyed or damaged.

- ❖ **Vocational Training Programme.-**

Vocational Training/Education has many advantages. It helps a person choose his career early in life and formally trained persons. We shall be able to produce more and more sources to make the nation strong and prosperous. Our organisation is providing the vocational training programme under district literacy committee in Arari districts State of Bihar.



❖ **Health Awareness Programme.-**

Health awareness programme started by the Trust with the objective of reducing the birth rate to the extent necessary to stabilize the population at a level consistent with the requirements of the National Economy. Trust organised family welfare programme in many places of Bihar. The literacy rate of the states are very low and the need of aware of the people fact that a small family is a healthy one. The effectively couple protected. A total of 1850 poor patients were given free health checkup and treatment by organizing a health camp under Araria district. About this programme main view of the Trust is to provide family planning services within the broader context of maternal and child health care. It disseminates information and education to enable couples to make voluntary informed choices regarding size of the family and spacing through contraception.

❖ **Educational Awareness Programme.-**

An Education especially for women is an important agent of socialization, and instrument of social transformation, and a channel of social mobility and equity. Education of girls and women has to be a universal movement for their empowerment, for changing current Streept-typed and replacing the existing structures. Within an overall orientation toward girls' education, your organization is running "SAHAJ SIKSHA" Programme being one of the parts of overall strategy of universalization of Elementary Education (UEE). SAHAJ SIKSHA programme is an alternative path to children who for different reasons cannot attend primary school e.g. girls who have to look after their younger siblings and attend to other domenotic chores, working children etc.

❖ **Poverty Alleviation Programme.-**

Women are According to the World Bank, Poverty is pronounced deprivation in well-being and comprises many dimensions. It includes low incomes and the inability to acquire the basic goods and services necessary for survival with dignity. Poverty also encompasses low levels of health and education, poor access to clean water and sanitation, inadequate physical security, lack of voice, and insufficient capacity and opportunity to better one's life. As per the Planning Commission of India, the level of poverty in a country can be estimated based on the consumer expenditure surveys that are conducted by the National Sample Survey Office (NSSO) under the Ministry of Statistics and Programme Implementation. This article will talk about the various Poverty Alleviation Programmes in India and the initiatives taken by the Government of India towards poverty alleviation. Self-defense key teach women by an expert also distributed books to teach them.



❖ Swachhha Bharat Programme.-

The organization organized national Environment awareness camp with the assistance of Members contribution Bihar, under Araria district. Environment awareness involves a comprehensive, life-long education, one responsive to changes in a rapidly changing world. It prepares the individual and communities for life, through an understanding of the major problems of the interaction of the biological, physical, social, economic and cultural aspects of the individual and communities. It provides skills and attitudes needed to play a productive role in improving life and values. In order to enable people to enjoy good health and high quality of life make environment friend.

15. Selection Criteria:-

- **Basic Selection criteria for inmates:-**

- Person above the age of 60 years belonging to any religion, Class without distinction of caste and Creed.
- Person having no children.
- Person financially incapable and financially weak.

- **Advance selection criteria for inmates:-**

- Divorcee and No children.
- Orphan and Unmarried.
- Differently able person.
- Orphan belonging to farmer's family.
- Affected by chronic disease.



16. Project Methodology:-

- This project aims at providing a quality of life to elderly by building an Old age home for them.

Activities	Expected Outcome	Duration	Responsible person
Micro planning	Roadmap for project implementation	1 weak	Project team
Team recruitment and training. ❖ Conducting 1 st round of interview of candidates ❖ Short listing few based on criteria (Qualification, Experience, Interest, Skill set) ❖ 2 nd round of interview ❖ Final selection ❖ Orientation and Training	Capacity building of team for effective and efficient program implementation.	1 weak	Organization
Infrastructure set-up ❖ Setting up recreational corners	Secured environment	1 month	Project Coordinator
Admission/Intake process. ❖ Application of beneficiaries ❖ Home visit of the beneficiaries ❖ Admission process of elderly	Enrolment of beneficiaries	On going	Project Coordinator and Supervisor.
Daily/Monthly/Yearly activities	Creation of homely environment Retained independence, identity and sense of value.	On going	Supervisor and Helpers.
Monitoring and Evaluation ❖ Monthly review meetings ❖ Monthly and overall project report Session/activity report with photos and feedbacks	Effective and efficient program delivery.	On going	Project Coordinator



17. Schedule of Activities:-

• Daily Activities:-

Time	Particulars	Description of activities	Benefits to beneficiary
5:30 to 6:30 a.m.	Wake up call and freshen up	Gently waking them up positive messages and vibe around the centre	Fresh start of the day
6:30 to 7:00 a.m.	Tea break		
7:00 to 8:00 a.m.	Yoga/Meditation	40 minutes session with basic Asanas and meditation practices	To take steps closer to the self-awareness and maintaining good mind for good body
8:00 to 8:30 a.m.	Breakfast	A portentous breakfast with less consumption of sugar and salt	Healthy stomach
8:30 to 10:00 a.m.	Physiotherapy	A 40 minutes session especially for people with joint aches and chronic problems.	Prevention from the long term body aches
10:00 to 12:00 a.m.	Corners	A free time corner for all the elderly people to exchange their thoughts and experiences	Peer learning and refreshment from other elderly members
12:00 to 1:00 p.m.	Lunch		
1:00 pm to 3:30 p.m.	Rest		
3:30 pm to 4:00 p.m.	Tea and snacks		
4:00 pm to 7:30 p.m.	Recreational activities	A centre in charge will plan the recreational activities that brings out a joyful side of all elderly people for 1 hour	Increased joy and positivity
7:30 to 9:00 p.m.	Dinner		
9:00 to 9:30 p.m.	Fruits /Milk		
9:30 onwards	Bed time		



• **Monthly Activities:-**

Name of activities	Description of activities	Benefits to beneficiary
Medical check-up	Monthly 8 visit from a general physician. Monthly 8 visit from a neurologist. Monthly 8, visit from a homeopathy. Monthly 8 visit from a Physiotherapist. Monthly One Meditation and Yoga Teacher.	Constant monitoring of health Do Do Do Do
Birthday Celebration	A simple birthday celebration session is planned in one month for all those elderly persons who had their birth in that particular month.	Recreation and to provide them a sense of belongingness.
Activity by school students/ Celebration of festivals	Visits by school children and other families who want celebrate their special days with elderly people are always welcome. As it brings change for the elderly people.	Opportunity for advanced interaction.

• **Yearly activities:-**

Name of activities	Description of activities	Benefits to beneficiary
Picnic	Yearly once a picnic to the most voted place is organized	A change from daily routine
Foundation day observation	An opportunity for the elderly people to represent their skills and perform it in front of everyone. Foundation day would also be like a huge gathering of people.	Recreation and appreciation



18. Monitoring and expected outcome:-

Team of BHARTI SEWA SADAN TRUST will be responsible for conducting monitoring and expected outcome of the below mentioned activities.

Activities	Expected Outcome		Means of Verification	Frequency
Micro planning	Planning document prepared Roadmap for project implementation		Planning document	Once a year
Team recruitment and training ❖ Conducting 1 st round of interview of candidates ❖ Short listing few based on criteria (Qualification, Experience, interest, Skill set) ❖ 2 nd round of interview ❖ Final selection ❖ Orientation and Training	Capacity building of team for effective and efficient program implementation		Job Description and appointment letter	Once a year
Infrastructure set up ❖ Setting up recreational corners ❖ Other set up	Secured environment		Basic amenities in the old age home	Once a year
Admission/intake process ❖ Application of beneficiaries ❖ Home visit of the beneficiaries ❖ Admission process of elderly	Enrolment of beneficiaries		Admission forms Home visit forms Details of the beneficiaries	Once a year
Daily/Monthly/Yearly activities	Creation of homely environment Retained independence, identity and sense of value		Photos Activity reports Visitor's register	On going
Monitoring and Evaluation ❖ Monthly review meetings ❖ Monthly and overall project report ❖ Session/activity report with photos and feedbacks	Effective and efficient program delivery		Reports generated Minutes of monthly meetings	On going



19. Risk and Mitigation Strategy:-

Risks	Mitigation
Discontinuation of CSR funds or donations	The organization can sustain on the cross subsidization model where the fees collected from the 40% inmates will take care of rest of the 60%.
Rare medical conditions	Regular visits by specialized doctors. In case if the treatment is not in the region an additional staff for routine hospital visits for this condition is provided.
Conflicts in between the elderly inmates	Routine psychotherapies and attention to the conflicting elders, Yoga and meditation sessions. One staff would be appointed to listen and empathise elderly people.
Occurrence of abuse to the elderly people	Strong code of conduct, CCTV monitors and policies for strict actions.

20. The Role And Function Of The Funding Authority:-

The authority does not think that meager financial sponsorship can foster the related issues raised in the proposed project. Successful implementation of elderly Care Programme always claim intersectional coordination between Donor, implementing agency and the Community, Funding Authority should maintain its role in the aspect maintaining & evaluation. Their representative should come to the target area for physical inspection and should interest with beneficiary groups. Thus the management of **BHARTI SEWA SADAN TRUST** offers its distinctive suggestion as follows:-

- Donor Agency should send their representative as and when required in a year for monitoring the progress of the project work.
- Our Organization would welcome their arrival and visit to the project area and do all the best arrangement.
- For small tools and equipment that are required from time to during the progress of project, the Organization seeks the assistance of Donor, if needed. The tools & equipment should be duty-free.



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Project Of Old AGE Home For Granting FCR

1. Development of Land at Site of Area More or less 3 Bigha (43,000 Sq. Ft.) L. S	Rs.	25,00,000.00
2. Construction of Boundary Wall up to 6'0" Height & Fixing 2 Nos. Heavy gauge MS Grate & Barbed Wire on Brick Wall at another 1'6" Height Complete Fencing	Rs.	36,00,000.00
3. Construction of 3 Floors (4800 Sq. Ft. in each Floor) accommodating 50 Nos. Male in 2nd Floor & 50 Nos. female in 1 St Floor Complete set with 12 Toilets (Consisting of 2 Nos.) in Each Floor. Supply of Electricity & Water Supply included 4800 Sq. Ft. x 3 Floor = 14,400 Sq. Ft. @ 1700 /Sq. Ft. Cost of Exhaust Fan & Kitchen Chimney included	Rs.	2,93,76,000.00
4. Cost of 10 KVA Green Generator	Rs.	6,90,000.00
5. Cost of Furniture (Bed, Wardrobe, Table, Chair etc. in each room) Complete with Mattress, Pillows, Covers, Bed Sheet, Bed Cover, Quilt, Curtain, Door Mat etc. Furnishers Rs. 23,00,000.00 Beddings etc Rs. 9,20,000.00	Rs	32,20,000.00
6. Cost of Inverter for Emergency Support	Rs.	1,15,000.00
7. Cost of Fire Fighting Arrangement	Rs.	2,40,000.00
8. Cost of Lift Carrying Boarders (Ground. To 2nd Floor) with Lift Machine Room	Rs.	18,00,000.00
	Rs.	4,15,41,000.00



	B/F	Rs.
9. Cost of Water Filter/Chillier/ Refrigerators (2)/Deep Freezer	Rs.	6,00,000.00
10. Cost of Geysers in 2 Floors (16 Nos.) & Room Heaters	Rs.	2,40,000.00
11. Cost of Tea/Coffee Vernding Machine (2 Nos.)	Rs.	1,20,000.00
12. Cost of Heavy Duty Washing Machine (2 Nos.) & Dish Washer (1 No)	Rs.	1,80,000.00
13. Cost of Diesel Oven (2 Nos.) & Gas Burner (2 Nos.)	Rs.	1,45,000.00
14. Cost of Utensils : For Cooking & Servicing	Rs.	3,60,000.00
15. Cost of Sinking Sub-Mersible Tube well	Rs.	1,20,000.00
16. Cost of Ceiling Fan/ Pedestal Fan (60 Nos.), LED Tube Light. LED Blub , TV (3 Nos.) & 2 Ton A/C for Medical Room In Ground Floor	Rs	4,80,000.00
17. Medical Room: Bed for Patient (4 Nos.). Bed Pan, Urinal (Male & Female, Spl. Bed to Prevent Bed Sore, Oxygen Cylinder, Saline Stand, Hot Water Bag, Chairs, Bed Rest necessary for ILL Patients etc.	Rs.	6,00,000.00
	Rs.	4,41,86,000.00



CIVIL/STRUCTURAL SPECIFICATION

1. Earth/White Sand Filling as Necessary
2. ORIENTATION OF CONSTRUCTION DEPENDS ON AVAILABILITY OF LAND AT SITE
3. **GROUND FLOOR:**

A. KITCHEN ./. STORE

B. DINING HALL- Room Service arrange for sick Boarders.

C. MEDICAL ROOM:

2 MALE BED & 2 FEMALE BED

4. 1ST FLOOR & 2ND FLOOR
(FOR FEMALE) (FOR MALE)

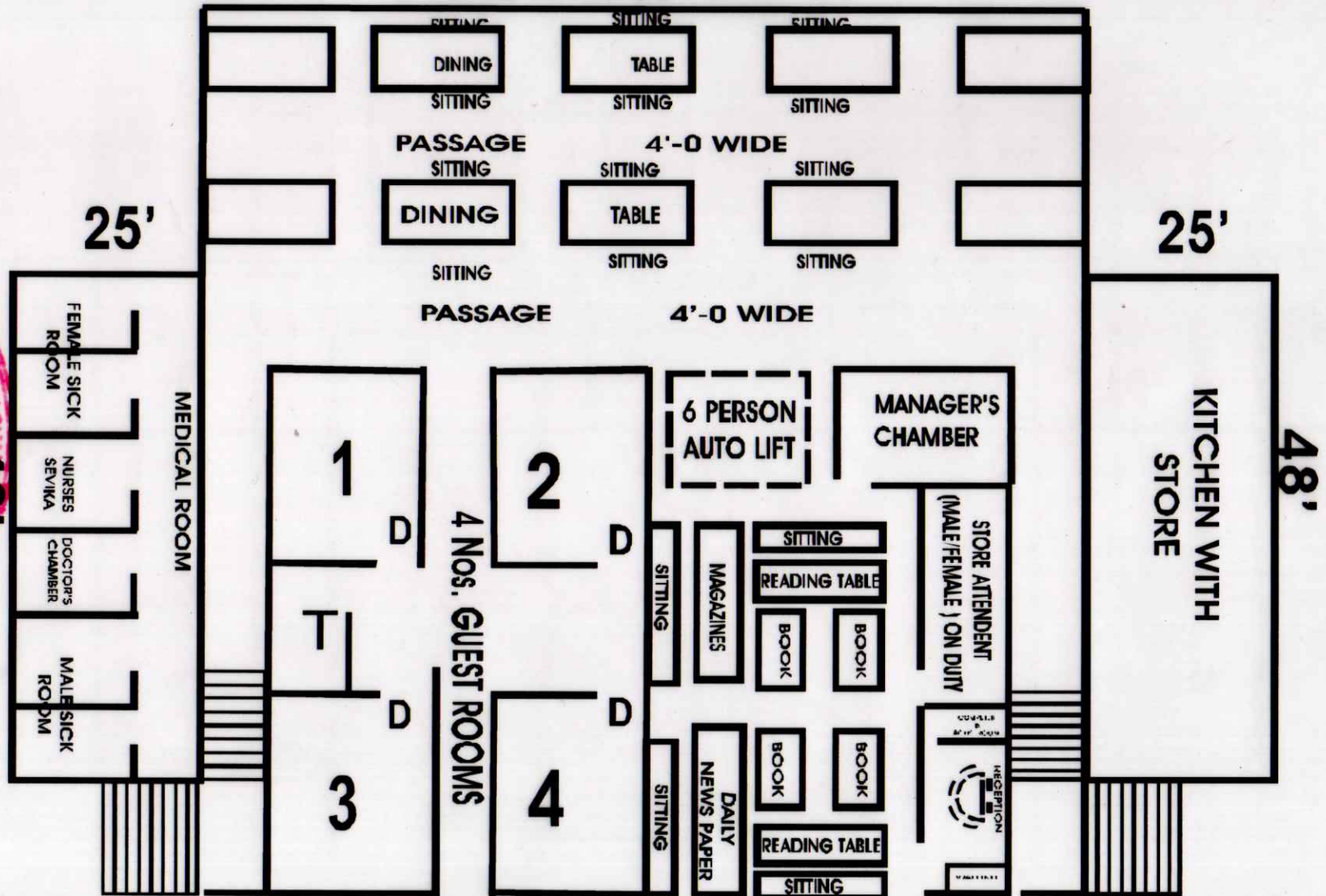
ACCOMODATION FOR 48 PERSON ALONG WITH 12 SETS OF
TOILETS (2 NOS.) ATTACHED TO ROOM FOR 4 PERSONS.

STRUCTURAL:

RCC FRAMED STRUCTURE 10" CEMENT BRICKWORK IN MAIN WALLS & 5" CEMENT BRICKWORK IN WALLS. BOTH SIDE PLASTERING IN WALLS. SALWOOD FRAMED DOOR & MACHINE MADE FLUSH DOORS (1.5" THICK) ALLUMINIUM WINDOWS WITH MS GRILLS & MS RAILING IN STAIRS. STEEL RAILING IN VERANDH & ALLUMINIU HAND RAIL ON RAILINGS IN STAIRS.



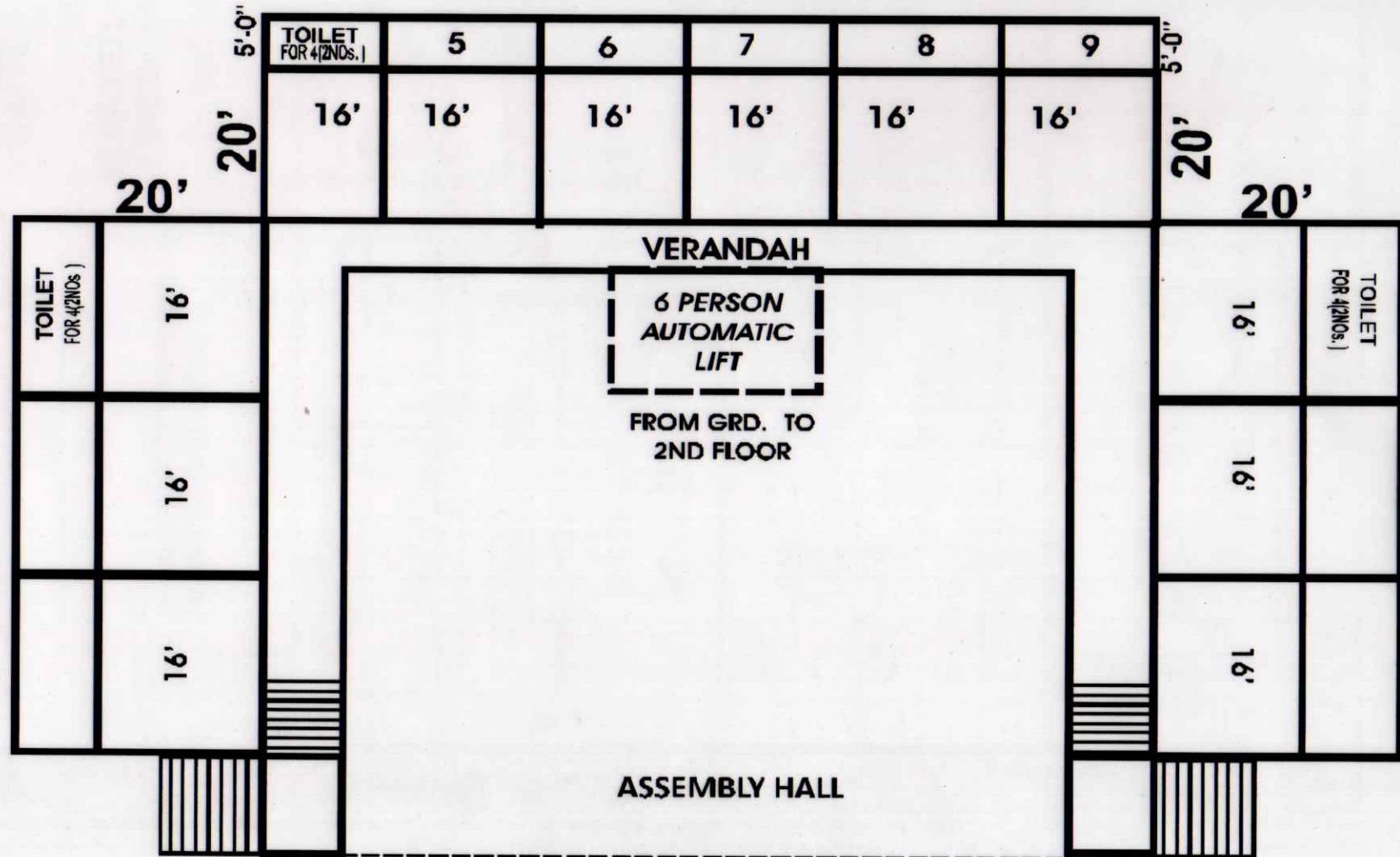
DINING HALL 30' (FOR 50)



P-4 GROUND FLOOR

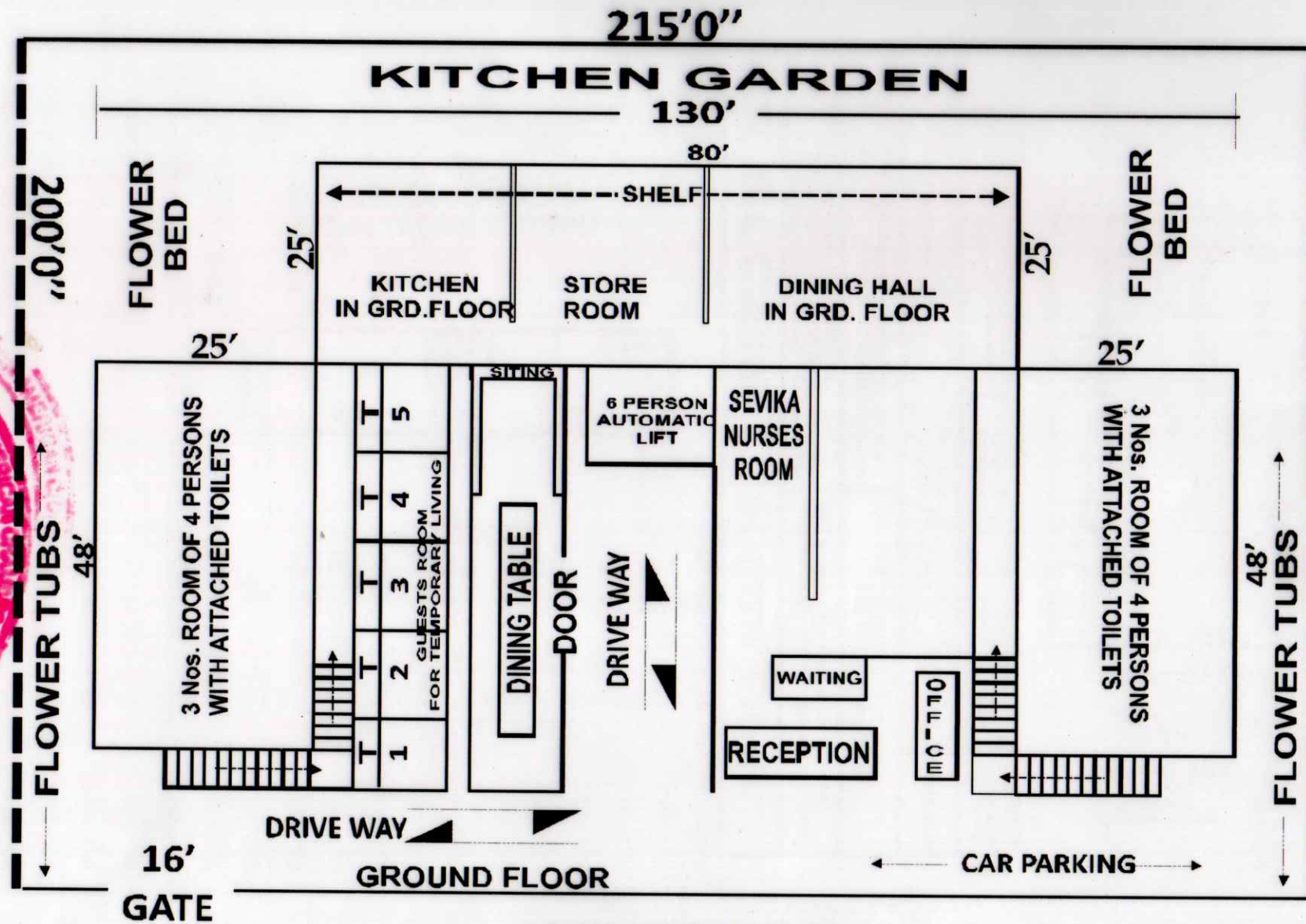


**TYPICAL FLOOR PLAN IN LINE SKETCH
INSIDE DETAILS ,OUTLINE OF SPECIFICATION,
WITH COST OF AN OLD-AGE PROJECT OF 100 PERSON**

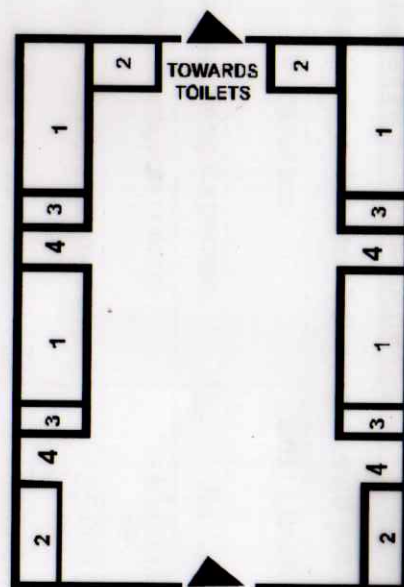


P-5 PLAN FOR FIRST (FOR FEMALE)& SECOND FLOOR(FOR MALE)





EACH ROOM FOR 4 PERSON

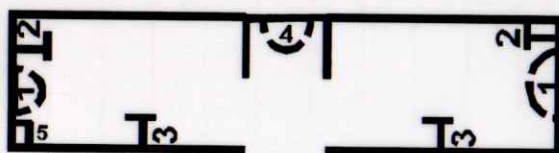


ENTRY FROM PASSAGE
DETAILS OF
INSIDE ARRANGEMENT
OF EACH ROOM

- 1-BED (3'x7') / (3'x6'-6")
- 2-WARDROBE FOR FEMALE (2'x3')
- 3- TABLE (2'x3')
- 4- CHAIR WITH ARM

24" x 10" (800x250) RCC COLUMN	6' 0" x 6' 0" POCKET	10mm 6" c/c BOTHWAYS	4 Nos. 16mm 2 Nos. 20mm (Grd. & 1st Floor) 5 Nos. 16 mm in 2nd FL.	Binder- 6" C/C 10 mm
24" x 10" RCC BEAM	4 Nos. 16mm Top 2 Nos. 2nd FL. 10 mm 4 Nos. 10 mm 20mm Gravelbed @ 14 mm	6" Thick 16mm 6" c/c 1st FL. 16mm 6" c/c	10 mm 6" c/c	
Roof Treatment 2nd Floor Roof Casting 6" Thick (Top Floor) with "Cico" Prescribed				
Rain Watere Pipe Covering area 400 SqFt. (More or Less) Proper Slope With				
RCC Slab : 150mm Thick				

DETAILS OF TOILET SET (2 Nos.) FOR 4 PERSON



- 1--COMMODOE
- 2-TAP WITH JET SHOWER
- 2-TAP WITH SHOWER & TEL SHOWER
- 4-BASIN
- 5-WALL FIXED HANDLE
FOR EASY USING OF
COMMODOE BY AGED

P-7 ROOM & TOILET INSIDE DETAILS CONSTRUCTION SPECIFICATION



23. Proposed Budget with Infrastructural Cost of Building:-

- The Estimated budget for the above mentioned project is as follows:-

SL. No	Particulars	Cost (Each)	No. of units	Duration	Total Cost
A	Non recurring Expenses	Rs			Rs
	Laptops for Segregation centre	45,000.00	3	—	1,35,000.00
	Projector for collaboration meetings	35,000.00	2	—	70,000.00
	Printer cum scanner cum Xerox	40,000.00	2	—	80,000.00
	Electrical Equipment	75,000.00	-	1 year	75,000.00
	4 wheeler(1 jeep and 1 ambulance)	25,00,000.00	-	-	25,00,000.00
	Cost of Infrastructure & Building with Materials	4,41,86,000.00			4,41,86,000.00
	Total of A				4,70,46,000.00
B	Recurring Expenses				
B.1	Administrative cost:				
	Director	35,000.00	1	12 months	4,20,000.00
	Project coordinator	30,000.00	1	12 months	3,60,000.00
	Supervisor	25,000.00	1	12 months	3,00,000.00
	Accountant	20,000.00	1	12 months	2,40,000.00
	Helper	7,000.00	8	12 months	6,72,000.00
	Cook	15,000.00	1	12 months	1,80,000.00
	Assistant Cook	8,000.00	2	12 months	1,92,000.00
	Security person	10,000.00	3	12 months	3,60,000.00
	One general Dr. MBBS	3,000.00x8	2	12 months	5,76,000.00
	One neurosurgeon	2,500.00x8	1	12 months	2,40,000.00
	One homeopathy Dr.	1,500.00x8	2	12 months	2,88,000.00
	Nurse	15,000.00	5	12 months	9,00,000.00
	One Physiotherapists	1,000.00x8	2	12 months	1,92,000.00
	One Yoga Teacher	2,000.00x4	2	12 months	1,92,000.00
	Peon	8,000.00	3	12 months	2,88,000.00
	Washer man	8,000.00	3	12 months	2,88,000.00
	House Keeper	7,000.00	4	12 months	3,36,000.00
	Sweeper	6,000.00	4	12 months	2,88,000.00
	Total of B1				63,12,000.00



B.2	Administration Cost:-				
	Maintenance Cost				
	Program cost	35,000.00	1	12 months	4,20,000.00
	Entertainment equipment	2,00,000.00	-	1 year	2,00,000.00
	Internet expenses	2000.00	-	12 months	24,000.00
	Cost of Tea/ Tiffin/Lunch/Dinner/Fruit etc. Per day per inmates@ 100x100x365	100	100	365 days	36,50,000.00
	Electrical installation	5,000.00	-	12 months	60,000.00
	Telephone Charge	1500.00	-	12 months	18,000.00
	Stationary	10,000.00	-	12 months	1,20,000.00
	Medicine+ others	3000.00	100	12 months	36,00,000.00
	Miscellaneous (soap+ oil+ shampoo etc)	250.00	100	12 months	3,00,000.00
	Dress materials, shoes etc	5000.00	100	1 year	5,00,000.00
	Fuel and Lubrication	1,50,000.00	-	1 year	1,50,000.00
	Total of B2				90,42,000.00

• **Cost of Furniture Fixture:-**

No	Furniture Fixture	Model	Cost (Each)	No. of units	Total Cost
	Chairs	Armchair	1000.00	125	1,25,000.00
	Tables	wooden Bed Table for Study/ Craftwork/ Using Laptop	1000.00	40	40,000.00
	Office tables	Laptop & Study Table	8000.00	10	80,000.00
	Cupboard	Mini Medium Cabinet	8000.00	10	80,000.00
	Small tables	Cello Oasis Four Seater Table	3000.00	60	1,80,000.00
	Beds	Metal Single Bed	6000.00	100	6,00,000.00
	Bed Sheets	single Bed Sheet with Pillow Cover	400.00	100	40,000.00
	Blankets	pure cotton-1 pcs Blanket	600.00	100	60,000.00
	Pillow and pillow covers	2 piece Sateen Pillow Cover set	300.00	100	30,000.00
	Curtains	Window Curtains set of 2	500.00	30	15,000.00
	Fans	Ceiling Fan	2000.00	60	1,20,000.00
	LED bulbs	9- Watt LED Bulb (10 pcs pack)	200.00	60	12,000.00
	Kitchen Set	Utensils	600.00	60	36,000.00
	CCTV	For safety measures	7000.00	15	1,05,000.00
	Water filter	-	11000.00	5	55,000.00
				Total	15,78,000.00

• **Grand Total (A+B1+B2+C) of Old Age Home**

(4, 70, 46,000.00+ 63, 12,000.00+ 90, 42,000.00+ 15, 78,000.00)=

Rs. 6, 25, 57,000.00



24. Financial Plan:-

• For 1 st Year	Rs. 6,25,57,000.00
• For 2 nd Year (B1+B2)	Rs. 1,53,54,000.00
	<hr/>
	Rs. 7, 79, 11,000.00
	<hr/>

○ **Total Project Grant requested for Two years** : Rs. 7,79,11,000.00

25. Evaluation:-

Evaluation has an important role in coordinating and Assessment of activities with regard to measuring the impact of the action programme on targeted people in the area of operation. In view of these **BHARTI SEWA SADAN TRUST** has envisaged the utility of Participatory evaluation of on-going projects, its worker and the people as well.

An indicator to monitor this, **BHARTI SEWA SADAN TRUST** has formulated methodology by which the personnel would be trained if participatory evaluation and participatory rural appraisal to go on with survey, village mapping, documentation and analysis. It is envisaged that **BHARTI SEWA SADAN TRUST** has made it a point to undertake Internal Evaluation at the end of each financial year.

The Organization also proposes that External Evaluation has significant role to measure the strength and weakness of the personnel and the peoples as well. And this will be undertaken at the end of each phase of the partnership. The Funding Partner will decide the terms of reference. And the agency to be entrusted for this evaluation will also be done in consultation with the funding Partner.

The inter action of your advice and patronage with the targeted people, the personnel and the management of the **BHARTI SEWA SADAN TRUST** will be dovetailed in supplementing the income and improving the quality of people's life.



26. Conclusion:-

In a conclusion, we humbly submit this present proposal to your office, because we identified you to be among the people who have interest in the elderly people who are suffering from being segregated, abandoned, and abused by this world which is being driven by the competition syndrome where as these senior citizens cannot compete.

This project proposal is showing a brief and a narrative explanation especially on the items which are not clear like equipment's and materials and transport to different and to un-predestinated places. However, this budget has formed an integral part of this proposal since it is one of the principle means by which we shall plan financially for the project along with managing project accounts. This budget will allow us to better control the process rather than the process to control us, and also to serve as both planning and monitoring tool in the management of project finances.

27. Acknowledgement:-

We are most gratefully acknowledge for the continued support given to our organization by the Institution, Non-Government organization, Individual donors, all well-wishers & People of our society. **BHARTI SEWA SADAN TRUST** assure them always keen on vision intact and strive of full play our role in maintaining and meeting the aspiration of rural people in our project area. Not hesitating in the process to take up more responsibilities in the cause of serving our valued beneficiaries. Hope in the coming year the development shall be more with further more expectation and from all corners we help more and more.

Dr. Ram Narayan Bharti

Bharti Sewa Sadan Trust
Founder-cum-President
Dr. Ram Narayan Bharti
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